



Nationwide Children's Hospital
ATTN: Community Education
700 Children's Drive
Columbus, OH 43205-2696

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Muscular Dystrophy Family Day

Sponsored by the
**Wellstone Muscular Dystrophy
Specialized Research Center**

Saturday, July 18, 2026



Program Description

This program is intended to educate patients with muscular dystrophy (MD), parents and caregivers about advances in research and how it applies to future therapies and treatments. It is also meant to provide resources, connections, hands-on experiences and new possibilities. The program will have a focus on clinical trials and aspects of daily life with MD.

Date and Time

10:30 a.m. to 3:30 p.m.

Optional: RB4 Lab tours to follow the General Session

Child Care

Childcare is available for children ages 3-10.
Children must be toilet trained.

Location

Nationwide Children’s Hospital
Education Center
575 South 18th Street, Columbus, Ohio 43205

Who Should Attend?

Patients with muscular dystrophy, their families and caregivers.

Parking

Parking is available at no charge in the Orange Garage. Each family will receive a parking voucher when they submit the electronic evaluation form at the end of the conference.

Registration and Confirmation

There is no charge to attend, but registration is required for all attending. Confirmation emails are sent to program registrants before the conference. If you register and provide your e-mail address, your confirmation will be sent electronically.

Questions

Call (614) 355-0589 or e-mail Community Education at Sheri.Brock@NationwideChildrens.org

About the Nationwide Children’s Hospital Muscular Dystrophy Specialized Research Center

The Muscular Dystrophy Specialized Research Center (MDSRC) is orchestrated by faculty of the Jerry R. Mendell, MD Center for Gene Therapy at Nationwide Children’s Hospital and The Ohio State University. It is one of only six under the sponsorship of the National Institutes of Health, awarded for collaborative basic, translational, and clinical research. The Center is dedicated to pursuing novel approaches to developing therapies for muscular dystrophies, collaborating amongst fellow clinicians and scientists, patient and family outreach, and training the next generation of muscular dystrophy leaders.

Agenda/Timeline: Agenda

9:30 - 10:30 a.m.	Registration
10:30 - 10:40 a.m.	Welcoming Remarks Megan Waldrop, MD
10:40 - 11:10 a.m.	Respiratory Care in Muscular Dystrophies Kavitha Kotha, MD
11:10 - 11:40 a.m.	Non-Genetic Therapies for Muscular Dystrophies Stefan Nicolau, MD
11:40 - 12:10 p.m.	Gene and Genetic Therapies in Muscular Dystrophies Kevin Flanigan, MD
12:10 - 1:00 p.m.	Lunch and Mingling/Social
1:00 - 1:30 p.m.	Breakout Sessions How to Talk to Kids About Diagnosis Natalie Truba, PhD

	What It Means to Be In a Clinical Trial Leah Johnson, MSN, RN
	Maximizing Access with Minimal Force and Minimal Movement Byron Guisbert, Adaptive Switch Laboratories
1:30 - 2:15 p.m.	Life After High School With Muscular Dystrophy Jason Flavin William Ma Kelly Hanlin

2:15 - 2:45 p.m.	Mental Health and Muscular Dystrophy Natalie Truba, PhD
2:45 - 3:30 p.m.	Benefits and Rights Discussion. Melinda Small Assistant Attorney - CCFA

3:30 - 4:30 p.m.	Lab tours
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All clinicians are members of the Nationwide Children’s Hospital Muscular Dystrophy Specialized Research Center.

Muscular Dystrophy Family Day
2026 Registration Form

Three Easy Ways to Register

1. Scan & Register (Recommended)

Scan the QR code below for quick and easy online registration.



2. Register Online

Visit: www.NationwideChildrens.org/edu

3. Mail-In Registration*

If you’re unable to access the QR code or email, you may complete this form and mail it to us:

Patient Name: _____

Parent Name: _____

Patient Age: _____

Phone: _____

Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Mail To:

Nationwide Children’s Hospital
C/O Community Education
700 Children’s Drive
Columbus, Ohio 43215

*(Allow 2 weeks to process and confirm)

*(Postage required)